



CASEY BASKETBALL

COMPETITIONS CONCUSSION POLICY

INTRODUCTION

This document sets out the principles and provides general advice regarding the management of concussion in basketball in Casey Basketball Association competitions.

This policy has been produced by Casey Basketball Association with the intention of prioritising the safety of CBA participants in the incidence or suspected incidence of concussion. Casey Basketball acknowledges that research into concussion injury continues to evolve, and this policy will be reviewed and updated based on scientific research and professional advice.

DEFINITION

A concussion occurs through a collision with another person or object where the biomechanical forces to the head or anywhere on the body transmits an impulsive force to the head/brain resulting in transient neurological impairment. -AIS Concussion and Brain Health Position Statement, Feb. 2023.

PURPOSE

To provide for the welfare of Casey Basketball Association players, and guide team officials, technical officials, and team supporters (family and friends) in the recognition, management and treatment process of concussion.

POLICY

Any player at risk of concussion should be removed from the game immediately. The player is deemed to be 'at risk' in the following (but not exclusive) scenarios:

- a. When a player receives head contact that requires play to be stopped by the technical officials, and/or the player requires assistance from the court.

The player is thereby considered to be at risk of concussion and is to be substituted immediately and remain substituted for the remainder of play in that game.

- b. Following any suspicion of head contact, or transmission of force to the head, and a player demonstrates or refers to a team official any of the following similar symptoms:
 - Disorientation
 - Balance issues/stumbling
 - Dizziness or drowsiness
 - Nausea or 'not feeling right'
 - Impairment of vision, to any extent
 - Headache, or head throbbing/pressure



The player is thereby considered to be at risk of concussion and is to be substituted immediately and remain substituted for the remainder of play in that game.

This policy refers to actions within the game, but further recommends actions to be taken following a suspected concussion.

RESPONSIBILITIES

Casey Basketball Association supports the 'Recognise, Remove, Refer' recommendations as set out in the AIS Concussion and Brain Health Position Statement, February 2023.

Casey Basketball recommends:

- Team officials and/or parents have the HeadCheck app available at games and training.
- Should a player have a concussion or suspected concussion that they are assessed medically – even if the symptoms resolve before returning to any physical activity.
- Following a concussion or suspected concussion need urgent medical assessment and this is the responsibility of the parent or guardian of the player.

CONCLUSION

Casey Basketball Association strongly recommends that Casey Basketball local domestic clubs and individual teams implement an internal 'Concussion Record Keeping' tool. It is suggested this document record an athletes concussion history, as well as record any occurrence during the current season. (ref Appendix 1). This information can be communicated with medical staff to ensure sound long-term decision making in the best health interest of an athlete.

If any doubt, the player should be treated cautiously, and medical advice sought. The player should make a gradual and progressive return to play, supported by a medical professional.

HELPFUL DOCUMENTS

[HeadCheck app](#)

[Scat5 /Child Scat5](#)

[Concussion in Sport Australia](#)

