

# YOUNG ATHLETE: WHAT CAN I EXPECT OF OTHERS?

This resource aligns with the Child Safe Commitment and Practices referenced in Annexure B in the [BA Child Safeguarding Policy](#).

## You have rights in basketball

As a young athlete you have many of rights, and it is up to adults in Australia to make sure these rights are met.

For the full list, check out the [Convention on the Rights of the Child](#)

Here are some that relate to basketball.

- The right to be treated fairly, and not to feel left out or ridiculed because of your cultural background, your gender, your sexuality or your religion.
- The right to be safe from harm or abuse from another young person or from an adult.
- The right to have a say about things that are important to you and be taken seriously.
- The right to privacy, when you are getting changed or showering on camps or trips of just after a game.
- The right to decide if you want to have your photo taken or have it shared on the internet.
- The right to have personal information about me protected and not shared without you or your family knowing about it.

You can expect adults will do their best to ensure these rights are met.

You can expect adults will not engage in prohibited conduct which includes any type of abuse.

For more information about Prohibited Conduct, consider the definitions and examples in the YA Prohibited Conduct resource.



## What can I expect of adults in basketball?

All adults and people in specific roles (coaches, officials, administrators) are expected to ensure you always feel safe and welcome in basketball. They are expected to follow the BA Safe Practices. They describe how they should behave, communicate and act around young athletes.

### 1. Listen to you and take what you say seriously.

- Taking the time out to listen to you
- Following up on things they said they will do.
- Checking in to see if you are ok regularly.

### 2. Communicate safely and appropriately with you, in person and online.

- Using language that is kind and supportive.
- Explaining things to you in a way that you can understand it.
- Communicating in groups, or 'two deep' when online, not privately (1:1)

### 3. Have firm boundaries in all interactions with you.

- Making it clear to you what their role is, and the things that are and are not part of their role.
- Keeping things about basketball, not getting personal
- Managing their own emotions, not taking things out on you

### 4. Only engage in safe and appropriate physical contact with you, putting your safety and wellbeing first.

- Making sure you understand why they might need to touch you to show you a technique or a stretch.
- Checking that that you are comfortable with this.
- Taking direction from you about what you are and are not ok with it.

### 5. Role model positive behaviours that prioritise your health and safety

- Demonstrating healthy, collaborative relationships
- Owning their behaviour if they make mistakes.
- Involving professionals when considering injury and making decisions that put your safety and wellbeing first.

### 6. Contribute to an inclusive environment for you and your team mates regardless of your background.

- Treating everyone fairly no matter what their background
- Doing their best to make sure everyone feels welcome and included.
- Calling out racism and discrimination however it presents.

### 7. Consider your safety first in any environment.

- Following procedures when transporting or traveling with you and your teammates
- Providing active and appropriate supervision especially in higher risk environments
- Making decisions and adapting plans to ensure you are safe and you feel safe.

### 8. Engaging the views of your family and other important people in your life

- Recognising the value your support network brings to your experience.
- Inviting the views and contributions of your support network
- Working with you and your support network to create the best experience for you



## 1. CHECK IN:

Regardless of where it might be happening, the first thing you should do is CHECK IN with that person and see if they are ok or if there is anything you can do to help.

**Call 000 if immediate risk to safety**

## 2. LISTEN IN:

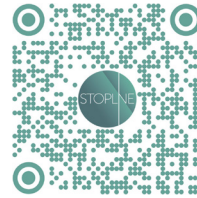
- Provide a safe and confidential space
- Reassure them they are doing the right thing
- Don't make promises especially promises to keep secrets
- Just listen, avoid questions all together, especially those that can be leading
- Remind them it's not their fault and that you will take it seriously

## 3. STEP IN:

If you have information that a child or young person has been harmed, or is at risk of harm or abuse, you are required to step in.

There are several ways you can do this:

- Raise it internally at your club or association – a Child Safeguarding Officer or Member Protection Officer, a committee member or your president.
- Contact your state/territory association.
- Contact Basketball Australia
- Report to Basketball Australia Integrity Unit via email [integrity@australia.basketball](mailto:integrity@australia.basketball)
- Report via STOPLINE, Basketball Australia's independent reporting hotline which at the discretion of the reporter may be made anonymously:



Scan the QR code for more information or to make a report.

