

YOUNG ATHLETE: WHAT IS EXPECTED OF ME?

What is expected of me in basketball?

As a young athlete, you are expected to comply with your club and associations Code of Conduct and BA's [Member Protection Policy](#)

It is important you understand what is in this document, and the consequences if you behave in a way that breaches this. This includes warnings, formal sanctions or if necessary, involvement of authorities such as the Police.

- It is **our** responsibility to provide education and resources (like this one) to explain these expectations in ways that make sense to you.
- It is **your** responsibility to participate, listen, read and engage in this.

If you have any concerns or barriers that make it hard to participate, listen, read or engage in the education and resources provided it is your responsibility to reach out and let someone know so the information can be adapted in a way that works for you.

What if I don't meet those expectations?

If you do not behave, act or communicate according to the expectations that have been listed here, or in the Code of Conduct or other policies, it will be taken seriously and there can be significant outcomes that may impact my ability to continue to be involved in basketball and in serious cases, may involve authorities such as the police

Ultimately, everyone has the right to play basketball in an environment that is safe and welcoming. It is your responsibility to make sure your behaviour isn't making someone else feel unsafe.



Explanation & Examples

1. Not seeking to gain an unfair advantage to manipulate a result

This means I will:

- Accept the rules of basketball, knowing they are not just about how the game is to be played, but how it is played fairly and safely.

This means I will not:

- Attempt to cause harm to, or threaten or bribe any coach, manager or other team official with the intent to have them treat me favourably over others, including through selection processes, game time or general coaching or officiating duties.

2. Not using violence, intimidation or threats of any kind whether on or off the court

This means I will:

- Put the safety and wellbeing of myself and others first, on the court, off the court and online.
- Take active steps to learn and use strategies that help me stay calm, manage my frustrations and redirect my focus

This means I will not:

- Use physical violence, intimidation or any other type of threat (verbal, written or online) on or off the court.

3. Treating people and property appropriately at all times

This means I will:

- Be polite and respectful in the way I communicate with others in basketball, including coaches, managers, referees and officials.
- Be an honest and trustworthy member of the basketball community.
- Treat my teammates kindly and do what

I can to make them feel included and welcome, even those who are not my close friends.

- Continue to check my own behaviour and ensure I am not responsible for somebody else feeling unsafe, uncomfortable or excluded.

This means I will not:

- Behave, act or communicate in a manner that is physically, emotionally, or sexually harmful towards another person.
- Engage in any behaviour that is considered Prohibited Conduct

4. Behaving at all times in a manner that upholds the highest standards of integrity and dignity and not make comments (written, verbal or via social media or other platforms) that are unbecoming to the sport of basketball or bring it into disrepute

This means I will:

- Continuously check that my behaviour is professional.
- Act when I have any concerns about the safety and wellbeing of another person.

This means I will not:

- Lie, steal, or provide false information on purpose.
- Attempt to cover up my actions, or the actions of someone else.
- Do things in person, or online, that will make someone else feel bad, worried, or unsafe. This includes excluding them on purpose, leaving hurtful comments or posts on social media or saying harmful things behind their back.
- Be in possession or under the influence of alcohol or an illegal drug, during any event where I am required to compete or represent my club or team.



5. Respect cultural, racial, ethnic, religious, physical, intellectual, gender, marital and sexual orientation differences at all times

- This means I will:
- Act in a way that is welcoming, inclusive and respectful of any person regardless of the cultural background, sexual identity, gender, race or experience with disability.
- Call out and report racist and discriminatory behaviour
- This means I will not:
- Engage in any behaviour that is considered Prohibited Conduct or any other behaviour that causes or may cause harm to another person. This includes behaviour, actions or communication that is:
 - offensive or discriminatory.
 - bullying or harassing.
 - sexist, racist, homophobic, biphobic or transphobic.
 - intimidating, threatening or aggressive.

Expectations of me when using social media

These expectations extend to your online behaviour, so it is important to call this out.

You are responsible for how you communicate online (with a coach, teammates, players and coaches of the opposing team) and there are consequences if your behaviour doesn't align with these expectations.

This includes:

- Using derogatory, degrading and harmful language
- Bullying and harassment
- Body shaming
- Sexual harassment
- Taking and/or sharing explicit or intimate images of someone under 18
- Taking and/or sharing images of anyone without their consent
- Doctoring or altering images of anyone

If you are not sure if something is a breach or considered online abuse, go to the [eSafety Commissioner's](#) Young People Hub for more information

Protecting yourself online

Equally, you have the right to be safe online and protected from online abuse.

Tip 1: Know the risks and impacts

Tip 2: Set up for safety

Tip 3: Know your sports rules and policies

Tip 4: Keep boundaries when communicating with children and young people

Tip 5: Be mindful when taking and sharing photos and videos

Tip 6: Manage your digital reputation

Tip 7: Know how to report serious online abuse

Tip 8: Champion fair play online

Go to the [eSafety Commissioner's Sports Hub](#) for more information on how to improve your online safety.

